



## Accident Prevention

### Slips, Trips, and Falls:

It is easy to prevent most falls. All you have to do is follow one simple piece of advice.  
**WATCH WHERE YOU ARE GOING!**

Unfortunately, this is much easier said than done. Even if you don't pay attention to every step you take, at least pay close attention to the more common fall hazards such as hidden steps, obstructed aisles, improper shoes, oil and grease, moving too fast, unsafe stairs, smooth surfaces, wet spots, bad lighting, and loose, irregular surfaces.

Here are some quick tips to help focus on **prevention** to avoid accidents:

- Remember good housekeeping. Keep broken down boxes out of walking paths.
- Report any lighting problems.
- Report any hazardous floors. Get a wet floor sign immediately!
- If you are involved in any cleanup operations, use a wet floor sign.
- If you notice any spills or greasy surfaces, get a wet floor sign then clean them up or report them to someone who can.
- Never leave items on the floor or across high traffic areas.
- Report any special hazards that may be present on stairwells, steps, main entrance(s), and exit(s).
- Wear proper shoes (Tennis shoes, Rubber soles).
- Never carry a load you can't see over.